



CHOOSING THE TRUTH ABOUT YOUR HEAVENLY FATHER

I renounce the lie that You, Father God, are distant and uninterested in me.

I choose to believe the truth that You, Father God, are always personally present with me, have plans to give me a hope and a future, and have prepared works in advance specifically for me to do.

(Psalm 139:1-18; Matthew 28:20; Jeremiah 29:11; Ephesians 2:10)

I renounce the lie that You, Father God, are insensitive and don't know me or care for me.

I choose to believe the truth that You, Father God, are kind and compassionate and know every single thing about me. (Psalm 103:8-14; 1 John 3:1-3; Hebrews 4:12-13)

I renounce the lie that You, Father God, are stern and have placed unrealistic expectations on me.

I choose to believe the truth that You, Father God, have accepted me and are joyfully supportive of me. (Romans 5:8-11; 15:17)

I renounce the lie that You, Father God, are passive and cold toward me.

I choose to believe the truth that You, Father God, are warm and affectionate toward me.

(Isaiah 40:11; Hosea 11:3-4)

I renounce the lie that You, Father God, are absent or too busy for me.

I choose to believe the truth that You, Father, God are always present and eager to be with me and enable me to be all that You created me to be. (Philippians 1:6; Hebrews 13:5)

I renounce the lie that You, Father God, are impatient or angry with me or have rejected me.

I choose to believe the truth that You, Father God, are patient and slow to anger, and that when You discipline me, it is a proof of Your love, and not rejection. (Exodus 34:6; Romans 2:4;

Hebrews 12:5-11)

I renounce the lie that You, Father God, have been mean, cruel or abusive to me.

I choose to believe the truth that Satan is mean, cruel, and abusive, but You, Father God, are loving, gentle, and protective. (Psalm 18:2; Matthew 11:28-30; Ephesians 6:10-18)

I renounce the lie that You, Father God, are denying me the pleasures of life.

I choose to believe the truth that You, Father God, are the author of life and will lead me into love, joy, and peace when I choose to be filled with Your Spirit. (Lamentations 3:22-23; Galatians 5:22-24)

I renounce the lie that You, Father God, are trying to control and manipulate me.

I choose to believe the truth that You, Father God, set me free and gave me the freedom to make choices and grow in Your grace. (Galatians 5:1; Hebrews 4:15-16)

I renounce the lie that You, Father God, have condemned me and no longer forgive me.
I choose to believe the truth that You, Father God, have forgiven all my sins and will never use them against me in the future. (Jeremiah 31:31-34; Romans 8:1)

I renounce the lie that You, Father God, reject me when I fail to live a perfect or sinless life.
I choose to believe the truth that You, Father God, are patient toward me and cleanse me when I fail. (Proverbs 24:16; 1 John 1:7-2:2)

I AM THE APPLE OF YOUR EYE! (Deuteronomy 32:9-10)